



## Frederick James Jack 1945 - 2012

With extremely sad and heavy hearts, the family of Frederick James Jack of Castlegar wishes to announce his passing, with his family at his side, at Kootenay Boundary Regional Hospital on Sunday, October 14, 2012, blessed with 67 years of life.

Fred was born in Moose Jaw, Saskatchewan on August 18, 1945 to parents Charles and Dorothy Jack. On September 22, 1973, Fred married Violet Rose Wishloff. The couple made their home in Castlegar, where they raised two sons. For many years Fred was our much loved and enjoyed DJ on CKQR, Castlegar's radio station. Later on in life, he became part owner in the great little local newspaper, The Kootenay Coffee Mate. Fred loved his family and enjoyed his time with them and he also enjoyed golfing and swimming.

Fred was predeceased by his father Charles in 1963, mother Dorothy in 1981, brother Richard in 1980,

mother-in-law Lucy in 1995 and father-in-law William Wishloff in 1997.

Left to mourn his loss is his loving wife of 39 years Violet; sons Fred (Rebecca) and Chris (Pam); grandchildren William, Victoria, Hadley, Braeden, Benjamin and Harrison and many other relatives and friends.

Cremation was in care of Castlegar Funeral Chapel.

A Memorial Service was officiated by Pastor Tom Kline at the Castlegar United Church on Friday, October 19, 2012.

In lieu of flowers, donations in Fred's memory may be made to the Canadian Cancer Society, Castlegar Unit, Box 3292, Castlegar, BC V1N 3H6 or the Heart & Stroke Foundation C-01, Castlegar Unit, PO Box 3032, Castlegar, BC V1N 3H4.



**In Memoriam**  
Vechnaya Pamyat

Preserving the memory of our deceased family members and friends